



Bad Habits: Confessions of a Recovering Catholic

Jenny McCarthy

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Dearest Reader,

By now you might be wondering: Jenny McCarthy has more to say?! After six *New York Times* bestsellers, I've talked about pregnancy, autism, and motherhood. I hope you've enjoyed it. I hope it's made you laugh and cry and all those things that bestselling books about such topics are supposed to do.

But this book is about something entirely new--a subject that has pervaded my life since birth and confused the f*ck out of me for about the same time: Catholicism. As I enter into adulthood (play along, thanks), I think I may have finally figured out this faith thing. And what it means to me. But first, I had to reflect on my life. And my memoir, *Bad Habits*, is the fruit (not the Eve's apple kind) of that labor.

Bad Habits is my journey from aspiring nun at an all-girls Catholic school in the suburbs of Chicago, to Playmate of the Year, to autism awareness activist, to bestselling author, to host of my very own talk show... and all the Hail Marys in between. After reading this book, you'll know why you should wear underwear to church, why Jesus was my Justin Bieber, and why I had to give up giving shit up for Lent.

Bad Habits is also my personal examination of faith and how it turns out to surprise us at the most unexpected moments. It is a book of confessions about confession! I've tried to be brutally honest though it might read as more like embarrassingly entertaining, and I'm always outlandish so that's in here too; but truly, this book is sinfully hilarious (My publisher made me say that).

Bless you my children,
Jenny

Confessions About Jenny McCarthy

"Like spending an afternoon with your best friend"
--Susan Jane Gilman, NPR

"McCarthy brings you in and makes you laugh."
--Booklist

"McCarthy is undeniably crass but funny"
--Publishers Weekly

"Hilarious."
--Time Out New York

"...disarming, funny and so boundless..."
--Arizona Republic



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From reader reviews:

Corrina Sutton:

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John James:

The actual book Bad Habits: Confessions of a Recovering Catholic has a lot of knowledge on it. So when you check out this book you can get a lot of benefit. The book was authored by the very famous author. Tom makes some research before writing this book. That book is very easy to read you can get the point easily after reading this article book.

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