



The Trance of Scarcity: Stop Holding Your Breath and Start Living Your Life

Victoria Castle

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?I am not enough! Not smart enough, rich enough, successful enough, or good enough!? This is the trance of scarcity?a self-inflicted premise of ?not-enough-ness? that successfully cripples the lives of people who would otherwise be buoyant and passionate. Here, Victoria Castle offers a prescription for realizing abundance and empowerment.

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