



Breakthrough Power for Golfers: A Daily Guide to an Extraordinary Life

David Young

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Tom Watson said, “My golf swing is a bit like ironing a shirt. You get one side smoothed out, turn it over and there is a big wrinkle on the other side. Then you iron that one out, turn it over and there is yet another wrinkle.” Perhaps you can relate. Golf is challenging – but that’s why we can’t wait to get on the course again. There are no shortcuts to lowering your handicap, but there are proven techniques that will help you play smarter and better. Breakthrough Power for Golfers provides daily tips for improving your game, and it gives you tools for building a successful and rewarding life. For each day of the year, Breakthrough Power for Golfers provides four great quotes, usually from golfers known for their outstanding accomplishments. The first quote is humorous, which will put you in a good mood ready to face life’s challenges. The other quotes will help you: 1) build an unshakeable foundation, 2) maintain a competitive edge, 3) pursue and fulfill your dreams, 4) impact others, 5) improve your relationships, and 6) find time for renewal. You can read all four quotes in one minute, so you can squeeze them in before you start your breakthrough day. You can lower your handicap – and live an extraordinary life.

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