



# Soul Contracts: How They Affect Your Life and Your Relationships

*Linda Baker*

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## **Soul Contracts: How They Affect Your Life and Your Relationships** Linda Baker

What are soul contracts? What roles do they play in our lives? How do you recognize your own soul contracts? Why is this knowledge so critical for personal and spiritual growth? Can we directly communicate with dead loved ones and learn from them? The author's fascinating accounts of healing work with clients and family members offer convincing evidence for the ways soul contracts affect our lives. Even more important, we see ways to work with these contracts to improve the quality of our lives. Includes self-help material for further exploring and healing contracts in your own life. "Brings a broad new dimension to our understanding of healing and personal change Excellent reading!" -Hal Zina Bennett, Ph.D. author of Spirit Circle and more than 25 books on personal growth "I just finished your book Soul Contracts. I was deeply affected by this book. I had to buy it because I could not let it go. Soul Contracts rang more bells in my heart, head and body than any book I've read this year!" -J.B., Seattle, WA "I am almost finished with your book Soul Contracts and I find it fascinating, illuminating and helpful." -K.W., Harvard University, MA

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