



Purpose for the Pain: A Collection of Journals by Renee Yohe

Renee Yohe

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Purpose for the Pain is the inspiring story of a young woman's battles through addiction, depression and self-mutilation. In heartbreaking detail and poetic outpourings, Renee Yohe (the inspiration behind the non-profit movement, To Write Love On Her Arms) chronicles her journey from self destruction to new life. Over four years of journal entries, she takes readers through her deepest moments of despair to the hope on the other end. Renee's story is a light of possibility to anyone who feels trapped by darkness.

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