



Fresh India: 120 Quick and Flavour-Packed Vegetarian Recipes for Every Day

Meera Sodha

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From the author of the Top Ten Bestseller *Made in India*

Following on from her bestselling *Made in India*, Meera Sodha reveals a whole new side of Indian food that is fresh, delicious and quick to make at home. These vegetable-based recipes are proper feel good food, and full of flavour.

Here are surprising recipes for every day made using easy to find ingredients: mushroom and walnut samosas, oven-baked onion bhajis and beetroot and paneer kebabs. There are familiar and classic Indian recipes like dals, curries and pickles, alongside less familiar ones using fresh seasonal British ingredients, like Brussels sprout thoran, *Gardeners' Question Time* pilau and green beans with cashew nuts and coconut.

And then there are showstoppers such as daily dosas with coconut potatoes, roasted cauliflower korma, sticky mango paneer skewers, wild mushroom upma and lime pickle rice with roast squash and red onion.

To finish, there's a chapter of luscious puddings like salted peanut and jaggery kulfi alongside carrot halwa and pistachio cake.

Whether you are vegetarian, want to eat more vegetables or just want to make great, modern Indian food, this is the book for you.



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Grace Robinson:

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Erin Weiss:

Playing with family in a very park, coming to see the sea world or hanging out with close friends is thing that usually you have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Fresh India: 120 Quick and Flavour-Packed Vegetarian Recipes for Every Day, it is possible to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout folks. What? Still don't obtain it, oh come on its referred to as reading friends.

Edward Upton:

As a student exactly feel bored in order to reading. If their teacher questioned them to go to the library in order to make summary for some reserve, they are complained. Just minor students that has reading's soul or real their hobby. They just do what the teacher want, like asked to the library. They go to generally there but nothing reading really. Any students feel that studying is not important, boring along with can't see colorful photographs on there. Yeah, it is for being complicated. Book is very important for you personally. As we know that on this time, many ways to get whatever we want. Likewise word says, ways to reach Chinese's country. So , this Fresh India: 120 Quick and Flavour-Packed Vegetarian Recipes for Every Day can make you experience more interested to read.

Rick Fairchild:

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