



The Chemistry of Conscious States: Toward a Unified Model of the Brain and the Mind

J. Allan Hobson

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Can complex mental states - feeling, thought, memory, fantasy, dreaming - be explained by electro-chemical events in the brain? If so, how? Hobson uses anecdote and example to illustrate his theory that the interplay of the brain's two chemical systems regulates our waking and dreaming lives.

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