



# The Monday Morning Motivator: How Good Could You Make It?

*Gail Blanke*

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**Gail Blanke's Mission: To Change The World's Focus From "How Bad Could It Get To How *GOOD* COULD YOU MAKE IT?"**

Not long ago a woman wrote on my website that she'd been driving through a small town somewhere in the southwest, as part of a "solo journey" to find herself. She drove by a small church and in front of the church was a sign. The sign read: "If you've been waiting for the sign...this is it." She screeched to a stop and just stared at it. She had absolutely no doubt that somehow the sign was put there for her. "It's time," she told herself. "It's time to do it! What in the world have I been waiting for?"

The woman returned to NYC on fire. She re-read her answer to a question I'd asked her months earlier: "How good could you make it?" And she acted. Not only did she act, she became unstoppable. She rediscovered her courage and re-embraced her resolve. She re-invented herself—from the inside out. And she's fallen back in love...with life.

Gail Blanke's Inspiration:

I've written this book for her. And for the thousands of other wonderful, loyal people who have been reading "The Monday Morning Motivator" blog every Monday for five years. They - you - are my inspiration. It's your affection, encouragement and email messages ("Whatever you do, don't stop writing these!" or "I know you wrote this one for me!") that have fueled my determination to keep them coming Monday after Monday.

Look, for sure these are tough times. But not surprisingly, they are exactly the right times to lift our heads, raise our hands, open our hearts and put ourselves and our egos on the line for an outrageous, best-idea-this-lifetime vision of what's possible.

My mission is to help you turn that vision into reality. Because, as our "solo traveler" friend discovered, it's time...

Gail Blanke Says..."It's Time!"

- time to know who you are, what you're made of and what the heck you're doing here.
- time to look for, find and love the simple thrills in life. time to turn your own particular vision of "good" into a glorious reality.

- time to be one hundred percent you, not some watered down version – to find your song and sing it at the top of your lungs!
- time to be there...for the people you love...and for yourself.
- time to let go of anything that holds you back, saps your energy or curbs your enthusiasm.
- time to get back in the game – and play it for all your worth.

Yes, this book's for you. So allow me to be your coach, your muse, your Auntie Mame (a part I played in college. Remember when Mame told the hapless Agnes Gooch to "Live, live, live!"?) Allow me to take you by the hand and the heart, Monday by Monday and to prove to you how good life is, how good you are...and how good you can make it..

Oh, and if you've been waiting for the "sign"...this is it.

"It's now a habit. Every Monday morning I must reach for my fix. I got used to sunshine and wisdom. It comes from the brilliant Gail Blanke. Originally in email form, now in a book. It revs up my mind and my soul. Yes, today and this week I have a chance to be a better person. Thank you Gail."

**Peter Georgescu, Chairman Emeritus of Young & Rubicam, Inc**

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#### **Lanita Hill:**

People live in this new day of lifestyle always try to and must have the extra time or they will get great deal of stress from both everyday life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not just a robot. Then we inquire again, what kind of activity are there when the spare time coming to an individual of course your answer may unlimited right. Then ever try this one, reading publications. It can be your alternative within spending your spare time, the actual book you have read will be The Monday Morning Motivator: How Good Could You Make It?.

#### **Maria Jennings:**

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#### **Jack Jackson:**

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