



Constantly Craving: How to Make Sense of Always Wanting More

Marilyn Meberg

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We want more. More peace. More excitement. More romance. More free time. More chocolate . . .

Our cravings are written into our DNA. They're influenced by our childhood experiences. They're driving the choices we make as adults. And often, they're keeping us hungry. Never satisfied. Ever searching.

What do they mean? What are we to do with them? Should we feel guilty? Are there solutions?

Counselor and author Marilyn Meberg knows all about cravings. She also knows the One who knit us together, desires and all. With wit and compassion, Marilyn helps us understand our appetites, offers advice for managing them here on earth, and encourages us to eagerly await the day when we will find total satisfaction in heaven.

In the meantime, *Constantly Craving* is an excellent reminder that our desires for more can lead us to the One we really need, the only One who will quench our thirst *forever*. Really? Really!



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Danny Jarosz:

Spent a free time and energy to be fun activity to do! A lot of people spent their free time with their family, or all their friends. Usually they carrying out activity like watching television, about to beach, or picnic from the park. They actually doing same every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Could be reading a book could be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the reserve untitled Constantly Craving: How to Make Sense of Always Wanting More can be good book to read. May be it may be best activity to you.

Sara Pacheco:

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