



Where Are The Instructions?: A Proven 4-Step System For Building The Perfect Life

Denise Collins

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Where are the instructions? A proven 4-step system for building the perfect life. For many of us life is filled with competing demands, limited time and energy, pressure and stress. Surviving day to day can make it difficult to even imagine how living a perfect life could be possible. Most people would agree it would be wonderful if life came with instructions. What if there was a simple process you could follow that would get more of what you want, more of the time? How useful would it be for you to know how to build your perfect life? As a result of nearly two decades helping people overcome their problems and achieve their dreams, Denise Collins, therapist, coach and teacher has developed a simple system for deciding what you really want and getting it.



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