



# **A Holistic Approach to Psychoanalysis & Spirituality - THE LINK: My 25-Years-Research in Surgical Psychoanalysis (Definition and Some Preliminaries to Surgical Psychoanalysis) (Volume 1)**

*Diana Denning*

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This work is not designed to prove anything to anyone in any field; it is simply the results/conclusions of Dr Diana Denning in the field of the mind after 25 years of practice and research in the field of psychoanalysis. Her methodology is detailed in this present work. She qualified the psychoanalysis she developed as 'Surgical Psychoanalysis' because all long-standing 'destructive' events of the client's life (and well beyond) are 'dissected' and desensitized with a precision never attained before. It would not be pretentious to say that Dr D Denning has dared going well beyond classical and modern psychoanalysis as it is practised by several schools of thought of the 19th and 20th century. Her way of doing is different and, what more important, is that she is very Cartesian in her methodology; rendering the different aspects of her practice very clear and logical even to those having no special knowledge in the field. All started when Dr D Denning was an adolescent. The sufferings she witnessed around her brought her at an early age to study many paramedical practices as well as several philosophies/religions including among others Buddhism and Hinduism. This first approach allowed her to obtain several highly valuable insights into the true nature of man. To what she thought would open the door to her to complete her personal research into the nature of man she then joined medical studies in the eighties in Paris. But, to her great astonishment, allopathic medicine considered and still considers man as his body! Nothing else was man! What a great deception it was! Dr D Denning nevertheless pursued her medical studies successfully and defended her thesis on the subject of 'A New Therapeutic Approach to Post-Traumatic Stress Disorder'. She was honored for that piece of work, where she studied and treated successfully one hundred patients with Post-Traumatic Stress Disorder (PTSD). What was new was that most of these patients (some of them suffering from PTSD for more than 30 years) were even cured within hours! How were they cured, this is what Dr D Denning provides us (amongst many other things) in this present work. Since Dr D Denning defended her thesis she has been involved into intensive research work into the mind of mankind and her discoveries and conclusions, besides being astonishing in every aspect, go against most of the past and present schools of thought in the field of the human mind. We are sure this present work would be a wonderful adventure into the mind of man for everyone who happens to hold it in-between his or her hands. This would be assisted by the clear and simple language used by Dr D Denning and by the logical and Cartesian way of developing the subject. This present work also establishes the inevitable link that brings psychoanalysis in touch with spirituality. It is not out of place to mention here that Dr D Denning is also graduated in Pediatric Surgery. She has also several other degrees, namely, amongst others, an LL.B, and an LL.M in Human Rights from the University of London. She has also recently been called to the Bar of England and Wales in 2013. Have a wonderful journey into the Human Mind as you never have had before!



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