



RUB OUT THE COMPETITION: masturbation as a technique for success for women

Dr. Stephen Larkin PhD, Lisa Torrence-Travis CSW

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As a companion book to his wildly-successful BEAT YOUR WAY TO THE TOP, Dr. Stephen Larkin joins forces with sexologist Lisa Torrence-Travis, CSW, to redefine success for women and to describe a series of seven exercises that you can follow to assess and develop these characteristics in yourself. Warning: mild adult content.



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