



The Complete Book of Spices: A Practical Guide to Spices and Aromatic Seeds

Jill Norman

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Winner of the 1991 International Association of Cooking Professionals award, this book presents an A to Z guide to familiar and exotic spices. Each spice is shown in its various guises with information on its origins and history; its cultivation; its aroma and flavor; and its culinary and other uses. Full-color photos throughout.

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