



Healing Miracles (Edgar Cayce Guides)

William A. McGarey

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Realize the Natural Healing Potential of your Body

In his lifetime, American spiritual pioneer Edgar Cayce helped thousands experience the wonders of holistic medicine. Now his writings are interpreted and updated by William McGarey, M.D., a medical doctor who has used Cayce's methods to heal thousands.

You too can learn to understand the secrets of self-healing including:

Emotional lifestyle, sleep, and dietary patterns that affect your body's automatic healing process--and how you can improve them.

How energy medicine can keep you ahead of rising health-care costs

The importance of aura and energy fields, internal electrical activity and homeostasis

Understanding meditation and purification as tools to energize your spiritual pyramid and encourage your body to heal

The acid/alkaline balance, its importance, and the foods you can use to alter it

Stress reduction, dream interpretation, and past-life therapy.

Includes a handy appendix with natural remedial diets for arthritis, intestinal health, and other common needs.

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