



The Complete Guide to Essential Oils for Women: With Over 100 Recipes, Benefits and Uses of Essential Oils Particularly for Women

Aspen Hashemi

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A Complete Essential Oils Guide to Healing Your Entire Life! Discover the Miraculous Powers of Essential Oils for Your Health, Skin, Hair & Body Care, PMS Symptoms & Cramps, Puberty & Menstruation, Pregnancy, Labor, Delivery & Childbirth, Babies & Children, Love & Romance, Exciting Perfume Blends, Balancing Hormones, Weight Loss, Stress Relief, Diffuser Blends & A Whole Lot More.

This guide talks about how to incorporate and use essential oils in your daily schedule, their therapeutic properties as well as healing benefits for your entire wellbeing! That's not all – find over 100 amazing essential oil recipes from treating health conditions such as candida & breast cancer to homemade skin & hair care solutions to how to use essential oils during pregnancy, labor, nursing, postpartum and newborn baby care plus so much more!



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