



Our Bodies, Our Bikes (Bicycle)

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Our Bodies, Our Bikes is a resource and companion for women who ride bicycles. Through personal stories, how-to guidelines, and factual information, contributors explore the intersection of cycling and women's health, from bike fit to clothing, from periods to childbirth, from media representation to gender presentation and reproductive rights. Our diverse contributors demystify and elucidate women's issues in cycling in a practical, friendly, and down to earth manner.

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